

The 12 Steps to *I Am!* Empowerment

PRACTICE UNTIL YOU LIVE IT EVERYDAY

How Are You Today?

A positive answer will make you and others feel great

Self Talk and Self Thought

Positive self talk and thought will make you pleasurable to be around

Power of a Name

Use everyone's every time!

Power of a Smile

All good things start with a smile

Listening and Seeing

Do more than just hear and look

Compliment with Sincerity

Be positive and appreciative

Yes and No

Be clear, give solutions

Please and Thank You

Courtesy is king

Awareness and Being Proactive

Take action, make things right

Recognition and Acknowledgement

10/4 Rule – 10' Smile / 4' Greet

More than is Expected

Deliver more than people ask for

Self Confidence Always

You are contagious, spread good stuff

